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PO320 NEURO LINGUISTIC PROGRAMMING
'NLP MAKE IT HAPPEN - ACHIEVE YOUR GOALS!'

DAY AND TIME: Saturday, 10.00 am – 4.00 pm
VENUE: Portchester Community School
TUTOR: Teresa Reay
DURATION: 1 Day
COST: £24.00
COURSE COMMENCES: Autumn Term – 9th October 2010

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Have you ever set yourself a goal only to find that you rarely seem to get there? What makes the vital difference? *Commitment*, and as we all know – just think about those New Year Resolutions, it is easier if you have support.

Who do you think you are? And who do you need to think you are to have the life you want? Good questions, by enrolling in this one-day workshop you will walk away with some valuable skills. These skills will enable you to look at 'your map of the world' and come away with a better understanding of who you are, and what you really want, not what you *think* you want.

Neuro Linguistic Programming (NLP) is the art of excellence and communication. Neuro is the brain, linguistic is the language of the brain and programming is how we put it all together.

Teresa Reay is a Master Practitioner in NLP and Life Coach. She has worked with individuals and organisations assisting them to defined and achieve their goals and along the way find new 'maps of the world.'

So enrol, what have you got to lose? Apart from a fun day and new friends.

PLEASE BRING A PACKED LUNCH WITH YOU.

Refund Policy – we can only refund course fees due to serious illness or sudden move a £10 admin fee will be deducted